

Helping Veterans and their Families with Deployment



New Mexico State University
David M. Boje & Grace Ann Rosile

Presentation to the
MILITARY AND VETERAN'S
AFFAIRS COMMITTEE of NEW
MEXICO, September 22, 2014

For More

<http://peaceaware.com/eagle>



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OBJECTIVE

To do Random Control Trials (RCTs), of relative and combined efficacy of two innovative training systems that can be applied in Military Health Systems of New Mexico.

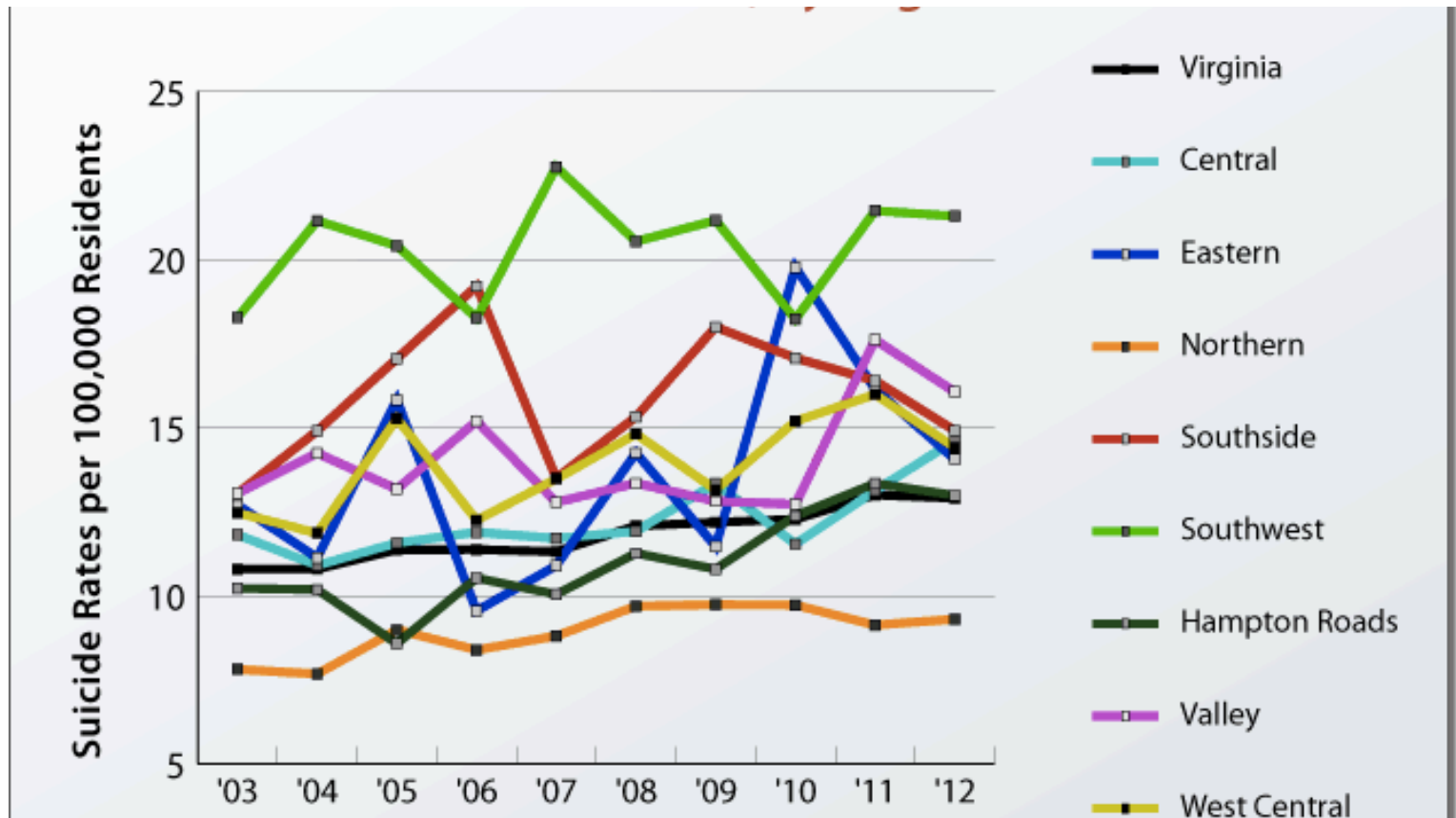


Why suicide rate among veterans may be more than 22 a day



**HIGH RISK: Young veterans suicide is 70.1 per 1,000 compared to 25 per 1,000 for non-veterans
It is 47.4 per 1,000 in New Mexico**

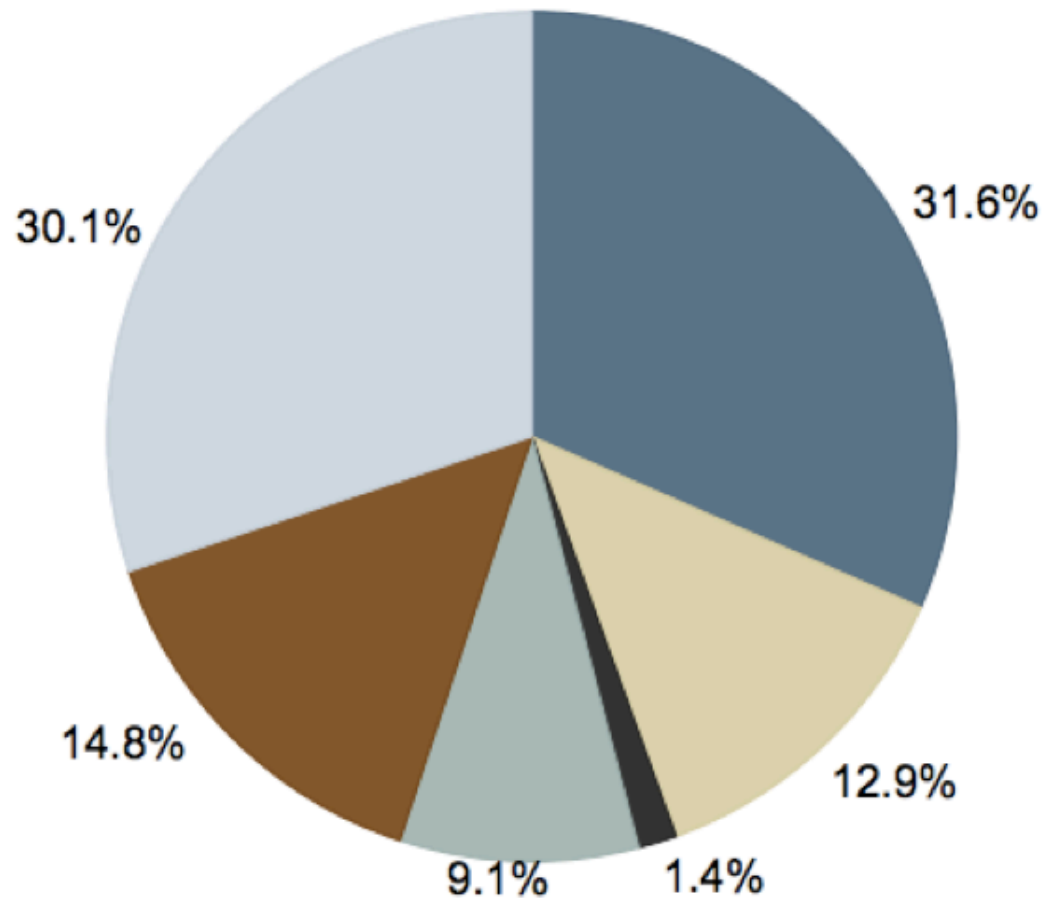
Suicide among Veterans enrolled with Veterans Health Admin decreased by 30%, but non-enrolled soared by 60%



Problem is highest in Southwest

Figure 34. Reasons for Not Using the VHA

- Not eligible for service
- Facility is too far away
- Lack of transportation
- Appointment delays
- Poor service or care
- Prefer non-VA facilities





Since reaching a high of 8 percent in 2011, female divorce rate has gone down -- hitting 7.9 percent last year and 7.2 percent this year. The rate among males -- 2.9 percent in 2013

Table 14. Percentage of Participants Experiencing Sexual Harassment While in the Service by a Current Mental Health Condition.

Current Condition	Experience Sexual Harassment	Did Not Experience Sexual Harassment
PTSD	32.7%	9.4%
Depression	39.1%	22.6%
Anxiety	39.0%	20.2%
Sleep Disorder	35.7%	21.9%
Substance Abuse	6.8%	2.0%

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First: Equine Assisted Growth Learning Events (EAGLE)



The Horse is a Mirror that helps Service Family members reunite after Deployment

Are you recently Deployed Veteran?

You Are Invited: Free Family Communication Workshop

Talk, Food, & Fun With Horses!

Participants
Will Receive A
Thank You
Stipend
Of \$100 on
Fourth Session



Children 8 &
Up Are
Encouraged To
Participate
With Loved
Ones

Sessions will be Scheduled on Saturdays in October,
Four Sessions Total

Veterans need to have been
deployed within the past 10 years

Daycare Available for
Children Ages 3-7

Sign up by calling Adela
(575) 646-1201

This is a research project funded by New
Mexico State University



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EAGLE (Equine-Assisted Growth Learning Events) is done with our Military Services designation to use the Equine-Growth-And-Learning-Association model of ethics for its certified professionals. Boje & Rosile have specialized training and experience in the military community and are using this model.



[YouTube HorseSense at Work](#)

EAGLE Equine-Assisted Growth Learning Events –
Las Cruces (Rosile & Boje, 2002)



Equine work with Veterans in North Carolina



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5:37

How Horses Help an Army Veteran Heal from PTSD- Brian Mancini, Army Veteran with PTSD, who served in Baghdad



Fort Jackson Equine-Assisted work with Veterans



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Second: Embodied Restorying Process (ERP)



[YouTube of ERP with formerly homeless veterans](#)

Table 1: 7 STEPS of Embodied Restorying Process (ERP) with ♥ of Care

1. Recharacterize (authentic Self identity)

2. Externalize (de-label the Disorder Label) Make the Problem the old story, not the person.

3. Sympathize (benefits) – of old story; Map the payoffs

4. Revise (consequences) – Map the Organization & Economic influences of old story/old stereotypes

5. Strategize (Little Wow Moments of exception to grand old story)

6. Restory (rehistoricizes the Grand old Story by collecting Little Wow moments into New story)

7. Publicize (support networking) e.g. letter writing with supporters of your ‘New Story’

PROJECT ONE:

Evaluation Study of Equine and Restorying Treatment Random-Control-Trials (RCTs) for Post-Deployment Veterans and their Families



Research Design- Proposed Project 1

	Year 1 LUBBOCK		Year 2 Fort Bliss		Year 3 Holloman AFB		Year 4 Writing
Target Enrollment (per quarter)	Q1 & Q2 8 trials LUBBOCK – new subjects	Q3 & Q4 8 trials – LUBBOCK - new subjects	Q1 & Q2 8 trials – FB – new subjects	Q3 & Q4 8 trials – FB – new subjects	Q1 & Q2 8 trials – HAFB - new subjects	Q3 & Q4 8 trials – HAFB -new subjects	Q1 & Q2
Control	12	12	12	12	12	12	Data
Equine	12	12	12	12	12	12	Analysis and
Restorying	12	12	12	12	12	12	Final Report
Both Equine/ Restorying	12	12	12	12	12	12	Writing
Target Enrollment (Cumulative)	48	96	144	192	240	288	

72 Service Members & Families in control group; 72 in Equine treatment; 72 in Restorying; 72 Both Equine & Restorying; 96 Service Members and Families at LUBBOCK; 96 at FB; 96 at HAFB; Total of 288 Service Members, 288 Spouse/ Partner; approximately 400 children between 8 and 18; Grand Total 976 individuals



PROJECT TWO:

Develop a Restorying 'App' for Service Members and their Family members to use during deployment separation



The teens said they often hid their real feelings in an effort to protect other family members, (but) “many of the teens talked about being on edge with their emotions.”

PROJECT THREE:

NIH Research on Children in Military Families: The Impact of Parental Military Deployment and Reintegration on Child and Family Functioning (R21)

Pending deployment and the anticipation of deployment may result in family members of active duty and reservists experiencing emotional distress and destabilization...

Children in military families often experience multiple stressors before and during their parents' deployment and during phases of reunion with the family.

Thank you

FOR MORE
[HTTP://PEACEAWARE.COM](http://peaceaware.com)
EAGLE

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